

## Course Faculty

*All faculty is from the Diabetes Center for Children,  
Division of Endocrinology and Diabetes at  
The Children's Hospital of Philadelphia.*

### Course Director

Christina Preis, M.S.N., C.R.N.P., C.D.E.  
*Pediatric Nurse Practitioner*

### Course Faculty

Brie Dorian, L.C.S.W.  
*Social Worker*

Dessa Hartz, R.D., C.D.E.  
*Diabetes Educator, Pump Trainer*

Heather McKnight-Menci, B.S.N., M.S.N., C.R.N.P.  
*Pediatric Nurse Practitioner*

Pantea Minnock, M.S.N., C.R.N.P., C.C.R.P.  
*Pediatric Nurse Practitioner*

Christina Preis, M.S.N., C.R.N.P., C.D.E.  
*Pediatric Nurse Practitioner*

Jennifer Tsafos, R.D., L.D.N., C.N.S.D.  
*Clinical Dietitian*



Continuing Medical Education Department

 The Children's Hospital of Philadelphia®  
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34th Street and Civic Center Boulevard  
Philadelphia, PA 19104-4399

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# Diabetes in Youth: *Emerging Trends*



**Saturday, Oct. 18, 2014**

Leonard and Madlyn  
Abramson  
Pediatric Research Center  
*at The Children's Hospital  
of Philadelphia*

[www.chop.edu/cme](http://www.chop.edu/cme)

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# Course Information

## Course Overview

The Diabetes Center for Children at The Children’s Hospital of Philadelphia is offering this course to school, homecare and case management nurses who have a child with diabetes in their care. This course is designed to provide a solid foundation in current diabetes management to nurses caring for school-aged children with diabetes. The skills necessary for self-management of diabetes will be reviewed, in keeping with the family-management model of the Diabetes Center for Children. Topics for review will include treatment of type 1 and type 2 diabetes, blood glucose monitoring, meal planning and carbohydrate counting. Special emphasis will be given to the emerging epidemic of type 2 diabetes in youth and its causes and treatments. Treatment of hypoglycemia, hyperglycemia and ketonuria, management of psychological and family issues, meeting the needs of the child, and diabetes in the school setting will be discussed.

## General Information

The conference will be held on Saturday, Oct. 18, 2014, on the first floor of the Leonard and Madlyn Abramson Pediatric Research Center at The Children’s Hospital of Philadelphia. Registration will begin at 8 a.m. The \$100 registration fee includes breakfast, breaks, lunch, syllabus materials and parking.

## Course Objectives

Upon completion of this course, participants should be able to:

1. Describe acceptable diabetes control in the school-aged child.
2. Identify the tools necessary for successful diabetes management.
3. Identify the signs of hypoglycemia, hyperglycemia and ketonuria.

4. Calculate the carbohydrate content in foods.
5. Describe ways of enlisting under-involved parents in the plan for their child’s diabetes care.
6. Locate community resources for families with psychosocial problems affecting diabetes control.
7. Identify treatment strategies for children with type 2 diabetes.

## Nursing Accreditation

This activity has been submitted to the PA State Nurses Association for approval to award contact hours. PA State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

## Cancellation and Refund Policy

The Children’s Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, The Children’s Hospital of Philadelphia will refund any registration fees, less a \$40 service fee, but is not responsible for any related costs, charges or expenses to participants, including cancellation charges assessed by hotels, airlines or travel agencies. In order to process refunds for course withdrawals, cancellations must be received in writing by Monday, Oct. 6, 2014. No refunds will be issued thereafter.

## Services for People with Disabilities

If special arrangements are required for an individual with a disability to attend this meeting, please contact the Continuing Medical Education Department at 215-590-5263.

# Program – Saturday, Oct. 18, 2014

8 a.m.	Registration, Continental Breakfast and Insulin Pump Exhibit
8:30 a.m.	Managing Type 1 Diabetes <i>Pantea Minnock, M.S.N., C.R.N.P., C.C.R.P.</i>
9:30 a.m.	Nutritional Management of Diabetes <i>Jennifer Tsafos, R.D., L.D.N., C.N.S.D.</i>
10:15 a.m.	Break
10:30 a.m.	Managing Type 2 Diabetes <i>Heather McKnight-Menci, B.S.N., M.S.N., C.R.N.P.</i>
11:15 a.m.	Insulin Pump Management <i>Dessa Hartz, R.D., C.D.E.</i>
Noon	Lunch
1 p.m.	Managing Diabetes at School <i>Christina Preis, M.S.N., C.R.N.P., C.D.E.</i>
2 p.m.	Behavioral Issues and Diabetes <i>Brie Dorian, L.C.S.W.</i>
2:30 p.m.	Program Adjourns



# Registration

## Diabetes in Youth: Emerging Trends

Saturday, Oct. 18, 2014

Registration Deadline: Friday, Oct. 10, 2014

\*Name: \_\_\_\_\_

☐ R.N. ☐ C.R.N.P.

\*School: \_\_\_\_\_

\*Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

\*Email: \_\_\_\_\_

*\*Required fields*

## Conference Registration Fee: \$100

Registration will not be processed unless accompanied by full payment.  
Faxed registrations will only be accepted for credit card payments.

## Method of Payment

☐ Personal check ☐ Institutional check  
(Please make check payable to The Children’s Hospital of Philadelphia.)

☐ Purchase Order  
(Note: P.O. must accompany reply form and payment must be received prior to the conference. Continuing education credits will not be issued until full payment is received.)

☐ MasterCard ☐ American Express ☐ VISA ☐ Discover

Credit Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

## Mail/fax the completed registration form and payment to:

Ms. Micah Holliday  
Continuing Medical Education Department  
The Children’s Hospital of Philadelphia  
34th Street and Civic Center Boulevard  
Philadelphia, PA 19104-4399

Phone: 215-590-5CME  
Fax: 215-590-4342  
Email: hollidaydm@email.chop.edu